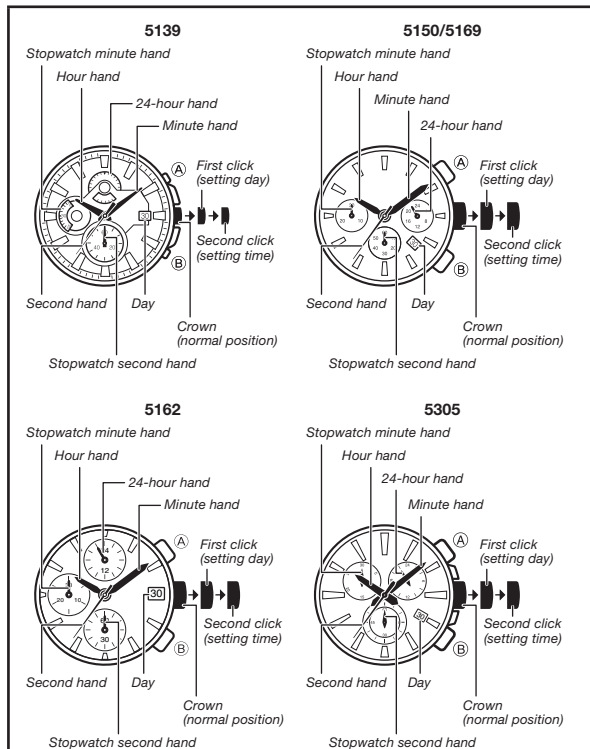


Operation Guide ANA(6HST-B)

CASIO®

- Your watch may differ somewhat from the one shown in the illustration.



To set the time

- Pull out the crown to the second click.
 - This causes the second hand to stop.
- Set the hands by rotating the crown.
 - Move the minute hand four or five minutes past the time you want to set, and then back it up to the proper setting.
- Push the crown back in to the normal position to restart timekeeping.

To set the day

- Pull out the crown to the first click.
- Set the day by rotating the crown.
- Push the crown back in to the normal position.
 - Avoid setting the day between 9:00 p.m. and 1:00 a.m. (the day display may not change in the following day).

Using the Stopwatch

The stopwatch lets you measure elapsed time up to 29 minutes, 59 seconds.

To measure times with the stopwatch

Elapsed time



To adjust the positions of the stopwatch minute hand and stopwatch second hand

- This procedure should be performed when the stopwatch minute hand and stopwatch second hand do not return to the zero positions.
- Press (B) to reset the stopwatch.
 - Pull out the crown to the second click.
 - Press (A) to move the stopwatch second hand forward until it points to the zero position.
 - The stopwatch minute hand is synchronized with the stopwatch second hand.
 - Push the crown back in to its normal position.
 - Note that pulling the crown out also stops the timekeeping second hand. After performing the above procedure, you should also adjust the timekeeping setting.

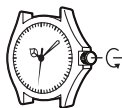
- For a watch with an elapsed time bezel

Rotate the elapsed time bezel to align the ∇ mark with the minute hand.
After certain amount of time elapsed, read the graduation on the elapsed time bezel which the minute hand points to.
The elapsed time is indicated.



Elapsed time bezel

- Some water resistant models are equipped with a screw lock crown.
- With such models, you must unscrew the crown in the direction noted in the illustration to loosen it before you can pull it out. Do not pull too forcibly on such crowns.
- Also note that such watches are not water resistant while their crowns are loosened. Be sure to screw the crowns back in as far as they will go after making any setting.



Specifications

Accuracy at normal temperature: ± 20 seconds a month

Stopwatch function: Measuring capacity: 29'59"
Measuring unit: 1 second
Measuring mode: Elapsed time

Battery: One silver oxide battery (Type: SR621SW)
Approximately 2 years on type SR621SW (assuming one stopwatch operation 30 min./day)